



WS I - GROUND

psychosynthesis, somatic experiencing and trauma

Venue: The Institute of Psychosynthesis, London

Date: 25th – 26th February 2012

Times: 10:00 – 5:00

Ground:

Sue Holland and Camilla Powell are delighted to offer this experiential weekend workshop again. We will explore working with trauma somatically, within a psychosynthesis context.

We will explore and work with the following:

- Recognising and working with symptoms of trauma
- Learning to avoid re-traumatising our clients and ourselves
- Heightening our capacity for attunement and well being
- Working with somatic countertransference
- Building I-Self connection

Sue Holland MA, UKCP registered, is a senior faculty member of the London Institute of Psychosynthesis. She is Director of On Purpose Consulting Limited, a training and consultancy organisation. She also trains, coaches and supervises for a diverse range of organisations. Sue is a licensed Somatic Experiencing Practitioner.

Camilla Powell MA, UKCP registered, is a member of faculty at the London Institute of Psychosynthesis. She is also Senior Lecturer at Hackney College, where she works with refugees. Camilla is trained in Somatic Experiencing.

For more information, and an application form please contact

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Workshop Cost: £200.00

10% early bird discount if payment received before 07 January 2012

sensing Self