

Sue Holland and associates facilitate a journey in **£12**
seven one-day workshops
to awaken presence and initiate transformation

for budding **social entrepreneurs**,
philanthropists, or those simply
drawn to making a difference,
however **big** or small?

whole
hearted

would you like to encourage others and be encouraged
to generate what you **love** and care deeply about?

we offer a space for connection and engagement
and provide practical skills to enable change

Dates and Times:

Saturdays 10:00 - 5:00

28 January

17 March

12 May

07 July

29 September

17 November

22 December - **A PARTY**

inspired by The Shift Network

Venue: London Institute

of Psychosynthesis NW4

Cost: £45 per day

workshops may be attended as a set or individually

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Sue Holland is a trainer, coach and UKCP registered psychotherapist